

# Psalm 13: Trust while suffering



## Psalm 13 (12) (Mode 4. 3....4 / 2.....171)

This is an urgent plea to God from a trusting and grateful heart.

The Psalmist has been suffering for a long time.

For a long time God has seemed absent.

He holds to his faith, sustained by remembrance of past graces.

He continues to trust that God will support him through his sufferings and will come and rescue him.

Lord, will you ever remember me?  
Why keep looking the other way?  
How long must my whole being  
be plunged into grief?

‘I commune with my heart in the night; I meditate  
and search my spirit: Will the Lord spurn forever,  
and never again be favourable? Has his steadfast love  
ceased forever? Are his promises at an end for all time?’

(Psalm 77:6-8).

‘Why have you forgotten us completely? Why have  
you forsaken us these many days?(Lamentations 5:20).

I carry this sorrow in my heart day and night.  
How long will my enemies prevail over me?  
Look at me, answer me, Lord my God!  
Shed your light on me, or I will die.  
Do not let my enemy say, 'I have prevailed.'  
Do not let my foes rejoice to see me fall.

'Sleeper, awake! Rise from the dead,  
and Christ will shine on you'( Ephesians 5:14).

'By the tender mercy of our God,  
the dawn from on high will break upon us,  
to give light to those who sit in darkness  
and in the shadow of death'(Luke 1:78-79).

‘The true light, which enlightens everyone, was coming into the world’(John 1:9).

‘With the eyes of your heart enlightened, you may know what is the hope to which he has called you’(Ephesians 1:18).

## 1 Corinthians 15:54-57

‘When this perishable body puts on imperishability,  
and this mortal body puts on immortality,  
then the saying that is written will be fulfilled:

‘Death has been swallowed up in victory.’

‘Where, O death, is your victory?

Where, O death, is your sting?’

The sting of death is sin, and the power of sin is the law.

But thanks be to God, who gives us the victory  
through our Lord Jesus Christ.’

As for me, I trust in your loving kindness;  
my heart rejoices in your saving help.  
I will sing to the Lord,  
because of the good bestowed on me.

Hasten the day, and remember the appointed time,  
and let people recount your mighty deeds'(Sirach 36:10).